## Early Detection, Lifesaving Results

## Your Mammogram Determined That You Have Dense Breast Tissue

- Some cancers can hide in dense breast tissue on a mammogram
- Women with dense breasts are at an increased risk for breast cancer
- Breast density—the amount of dense tissue compared to fatty tissue—is determined by a radiologist when viewing the breasts under mammography.
- Breast density is categorized into four levels:





Almost Entirely Fatty 25% dense breast tissue – abnormalities easy to detect Scattered Density 25-50% of breast tissue is fatty



Heterogeneous Dense 50-75% dense breast tissue



**Extremely Dense** Greater than 75% of the breast tissue is dense

## Talk to your doctor about having a supplemental Breast MRI

- Breast MRI detects 95% of invasive breast cancers
- Continue having a mammogram once a year
  - A mammogram should still be used in conjunction with a Breast MRI
- Perform self breast exams routinely

pink ribbon centers

PROSCAN

